

Association for Psychological Accreditation

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EMPATHY
CONGRUENCE
UNCONDITIONAL POSITIVE REGARD

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Home of The International Psychological Standards & Accreditation Council

APA External Engagement Position

Political Neutrality

Inter-Disciplinary Focus

Extreme Care Provision

Endorsed Learning Collection

Inter-Register Communication



External Engagement Position

Political Neutrality

As a limited company offering a voluntary register, in an unregulated sector, APA is mindful of the political sensitivities that exist around the world of mental health and especially the topics of regulation, recruitment, and qualification setting.

APA declares it does not advocate, endorse, or align with a political viewpoint, party or external pressure groups that hold a political bias.

APA's role is to support, advocate and promote the best therapeutic environment possible, for the benefit of professionals and clients.

The APA Executive is forbidden from joining any politically motivated organisation and APA will not provide finance, or favour to any UK political party, (or any businesses, charities, and organisations in the political arena), beyond the delivery of contracted programmes and where appropriate, advice, guidance, and positive psychological awareness. This is only done, with full political neutrality.

Inter-Disciplinary Focus

APA is acutely aware that for decades the therapeutic worlds of physical and mental Health have been divided and while huge efforts have been made in raising the awareness of mental health responses, for which APA applauds those involved, APA testifies here, to our commitment for greater collaborative evolution and mutual respect, becoming the benchmark of health care awareness and functionality into the future.

APA openly welcomes and invites collaboration, discussion, and shared learning across both physical and psychological well-being disciplines.

Extreme Care Provision

This relates to the medical engagement of psychological care. APA appreciates the complexities and variable considerations involved in situations requiring 'extreme care provision'. Therefore, APA advocates, encourages and promotes closer working with qualified therapeutic professionals, rather than a blanket exclusion in favour of medical or pharmaceutical intervention. APA endorses a Collaborative Care Provision that includes meaningful therapeutic engagement from the outset of the planning process.



Inter-Register Communication

A mental health infrastructure that is not actively functioning in line with the therapeutic principle of effective and positive communication has been proven to fail those in need, just as it has failed the therapeutic professionals that depend on the support of the sector's infrastructure.

APA is committed to enhancing the therapeutic experience of all those that work in and around the world of therapeutic psychology, as well as for those that find themselves in need of psychological support.

Effective and positive communication is a fundamental element of the therapeutic partnership. APA seeks and encourages all mental health delivery services and support systems to develop open and supportive communication channels, in line with the core ethos of therapeutic principles.

APA openly welcomes and invites collaboration, discussion and shared learning across all psychological well-being organisations, businesses, charities, and holders of voluntary registers.

A new approach for new results



Contact us

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